

Dear colleagues, sport experts, dear friends,

We are learning and advancing together. Therefore, we are celebrating our successes together as well. We invite you to attend the Ceremony regarding the 5th year anniversary of Center for Sports Medicine and Exercise Therapy, Faculty of Medicine, University of Belgrade. The Ceremony will be held at 10 am in the Ceremony Hall, Faculty of Medicine University of Belgrade (first floor, Dean's House), Dr Subotića starijeg 8. We are very proud to announce that some of our visiting professors will be there as well as many eminent experts in the area of sport science with whom we have been collaborating over the course of years:



Professor Nebojša Popović - one of the leading Serbian experts in the field of sports orthopedics who has enabled numerous athletes to return to the field, not only from our country, but also around the world. As a former handball player, he is the holder of an Olympic gold medal, and he is one of the founders and the first medical director of the Aspetar Clinic in Qatar, as well as the editor-in-chief of the magazine "ASPETAR - Sports Medicine Journal". Professor Popović is the most important donor to our Center, and for past years, he has been considered a mentor and a great support to our work. On this occasion, he will introduce us to the concept of professional work of the Aspetar Clinic, as well as the specific system of education and scientific work they are engaged in.



Professor Pieter D'Hooghe - current medical director of the Aspetar Clinic, specialist in orthopedics, closely specialized in minimally invasive arthroscopic surgery of the ankle joint. Professor D'Hooghe is a member of the ISAKOS association (Association for Arthroscopy, Knee Surgery and Sports Orthopedics). He is a senior orthopedic consultant for seven football teams of the European Champions League, and since 2017 he has also been engaged in FC Crvena Zvezda. As he was also a member of the medical team responsible for the surgical intervention of famous Brazilian football player Neymar da Silva Santos Jr, our attendees will have the opportunity to hear from prof. D'Hooghe the latest scientific work on ankle joint injuries and their operative care.



Professor Cristiano Eirale - a specialist in Sports Medicine and a lecturer in the field of Sports Medicine at New York's Weill Cornell Medicine. Prof. Eirale has gained his professional and scientific experience as a team doctor for numerous football clubs, including Inter Milan and Paris Saint Germain, where he is the president of the Health Committee. Although his narrower field of interest in sports science is the investigation of sports injuries in football players, he will share with the audience his experiences with injuries in padel - an extremely popular, new recreational sport that combines the techniques of tennis, squash, and badminton.



Professor Daniela Caporossi - professor of Biology and Genetics at the University of Rome "Foro Italico". She is a member of ENSSEE (European Network for Professional Training and Employment of Sports Experts), in which she actively advocates the harmonization of the faculty's curriculum contents and sports, as well as the formation of a common diploma of European faculties. She is the Chair of the Integrated Laboratory of Biology and Biochemistry of Human Movement, which deals with research on exercise and reduction/oxidation imbalance in the induction of molecular damage and cell death. Our long-term cooperation resulted in joint participation in the Tempus VI SPEED project, and this time the attendees will be introduced to the changes at the molecular and cellular level caused by exercise.



Professor Evangelia Kouidi - current Chair of the Laboratory for Sports Medicine at the Aristotle University of Thessaloniki and one of the leading experts in the field of Sports Cardiology, with a special focus on cardiovascular rehabilitation of patients on dialysis. Professor Kouidi is also the Deputy President of the European Association for the Rehabilitation of Patients with Chronic Kidney Diseases. Also, she actively advocates the need for the participation of Sports Medicine doctors in the medical monitoring of athletes and participants in sports, which is why she is engaged in the board of directors of the European College for Sports Medicine Specialists (European College of Sports and Exercise Physicians). On this occasion, attendees will be familiarized with the rehabilitation protocols in cardiovascular patients.



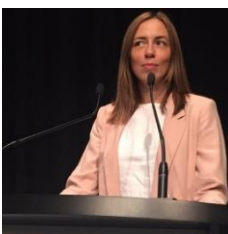
Dr Žarko Vučković - general surgeon at Aspetar Clinic in Doha and team doctor of various handball national selections in Serbia. Dr. Vučković directs research in the field of groin pain and inguinal hernia frequencies in athletes, with a special focus on models of different therapeutic approaches for groin pain as well as on the medical indications that lead to the decision on surgical treatment of inguinal hernia. In his presentation, Dr. Vučković will introduce the audience with solutions with solutions for one of the most common problems in football players - pain in the groin.



Professor Arsen Ristić - cardiologist and Vice-dean for postgraduate education at the Faculty of Medicine in Belgrade, Chair of the Heart Failure Department and Assistant Chair of the Cardiology Clinic of the University Clinical Center of Serbia. Professor Ristić is engaged in research in the field of heart failure, pulmonary hypertension, and cardiomyopathy. Also, he is a member of the board of the Association for Heart Failure of the European Association of Cardiologists and coordinator of the European Expert Group for Pericardial Diseases for 2020-22. He is the founder and president of the Association for Pulmonary Hypertension of Serbia, and a guest lecturer engaged at the Faculty of Medicine in Turin and Cape Town. In his presentation, Professor Ristić will answer the questions of whether cardiology patients are allowed to be physically active and engaged in sports.



Dr Omar Al-Seyrafi – a doctor specializing in sports medicine at the Faculty of Medicine, University of Belgrade, where he attends the studies in the Serbian language. Dr. Al Seyrafi is employed at the Aspetar clinic where he is engaged in the screening of athletes, gaining experience by working with top athletes in numerous world competitions in gymnastics, cycling and football, as well as with Paralympians, which makes him stand out in this area, bearing in mind all the specifics and vulnerabilities of this athlete's group. Dr. Al Seyrafi was one of the responsible persons for medical security during the World Cup in Qatar in 2022, and he will share these experiences with the audience in his lecture.



Dr Milena Tomović - specialist in Sports Medicine, holder of a diploma of the International Olympic Committee for Sports Medicine and PhD student at the Faculty of Medicine in Belgrade, under the mentorship of prof. Mazić. She is employed at the Ippokratio General Hospital in Thessaloniki, in the Department of Radiology, where she is doing a mandatory internship as part of her second medical specialization. She is actively involved in the work of the Department of Sports Medicine. Also, she is the author of several scientific papers and chapters in reference publications in the field of Sports Medicine, while as one of the editors of the first volume, she helped Professor Popović in the preparation of the Aspetar Sport Medicine Collection. Through her presentation, Dr. Tomović will introduce the problem of groin pain in women's football to the audience.

We are very happy to have the opportunity to celebrate this modest, but important anniversary for us, in a way that allows us not only to exchange experiences and learn from each other, but also to create unbreakable bonds which will be a guarantee of successful cooperation and development in the field of medicine in the future of sports.

Entry is free for all who are interested, and we hope that your attendance will make this event greater.

Welcome!

Center for Sports Medicine and Exercise Therapy

Sports Medicine in the new millennium

Ceremony Hall of Dean's House, Faculty of Medicine in Belgrade, 21.04.2023.

10:00-10:45	<i>Cardiac rehabilitation, how, when, and why</i>	Prof. Evangelia Kouidi , Department of Physical Education and Sports Sciences Aristotle University of Thessaloniki, Greece
10:45-11:05	<i>Sports and Exercise in Cardiovascular Disease</i>	Prof. dr Arsen Ristić , Head of Heart failure ward, Assist. Director Department of Cardiology, Clinical Center of Serbia; Faculty of Medicine, University of Belgrade
11:05-11:25	<i>Exercise as Medicine: the molecular perspective</i>	Prof. Daniela Caporossi , Chair of the Integrated Laboratory of Biology and Biochemistry of Human Movement, University of Rome "Foro Italico", Italy
11:25-11:35	<i>Laboratory for Sports Medicine and Exercise Therapy experience in research and education projects - from lab to lesson plan</i>	Prof. dr Marina Djelić , Faculty of Medicine, University of Belgrade
11:35-11:45	<i>A Medical and Humanities-based Approach to Navigating Obesity and Eating Disorders (EDs) in Young People</i>	Prof. Danka Sinadinović , Faculty of Medicine, University of Belgrade
11:45-12:00	Break	
12:00-12:05	<i>Greeting word of Dean of Faculty of Medicine in Belgrade</i>	Prof. dr Lazar Davidović
12:05-12:10	<i>Greeting word of Olympic Committee of Serbia</i>	Mr Božidar Maljković
12:10-12:30	<i>Sport Clinic of the Future, Concept of Aspire academy, and Aspetar Orthopedic and Sports Medicine Hospital, Doha, Qatar</i>	Prof. dr Nebojša Popović , Senior Medical Advisor, Aspetar Orthopedic and Sports Medicine Hospital, Doha, Qatar
12:30-12:50	<i>Playing the FIFA world cup as a doctor</i>	Dr Omar al Sayrafi , Venue medical manager in FIFA world cup, Qatar 2022
12:50-13:10	<i>Ankle injuries in World Cup Football</i>	Prof. Pieter D'Hooghe , CMO of the Aspetar Orthopedic and Sports Medicine Hospital, Doha, Qatar
13:10-13:30	<i>Long-term groin pain in athletes</i>	Dr Žarko Vučković , Head of Sport Groin Pain Centre, Aspetar Orthopedic and Sports Medicine Hospital, Doha, Qatar
13:30-13:50	<i>Groin pain in female football - clinical and radiology features</i>	Dr Milena Tomović , General Hospital of Thessaloniki "Ippokrateio", Thessaloniki, Greece
13:50-14:10	<i>When Sport Medicine is related to a new sport: the Padel experience</i>	Prof. Christiano Eirale , Paris Saint-Germain, Club medical coordinator and club performance coordinator, Paris, France
14:10-14:30	<i>Sports Injury and Illness Epidemiology: Serbian Olympic Team surveillance during Summer and Winter Olympic Games</i>	Prof. dr Dragan Radovanović , Head of Medical Commission of Olympic Committee of Serbia
14:30-14:50	<i>Center for Sports Medicine and Exercise Therapy, our first 5 years of work</i>	Prof. dr Sanja Mazić , Head of Center for Sports Medicine and Exercise Therapy, Faculty of Medicine, University of Belgrade
14:50-15:20	Round table	